



Building Strength. Together.

Dear Friend of Progress Place,

These past 20+ months have served to remind each one of us of the strength of our collective resilience. In the face of the pandemic's many challenges, we managed to chart new courses, build connections in new and innovative ways, and create community.

In the lives of the people of Progress Place, the strength of this resilience is even more profound.

While Progress Place continues to provide critical programs and supports, it is in the courageous determination of the men and women of Progress Place, who continue to forge their path to recovery in the face of the pandemic's challenges, whose resilience is most powerful.

Katherine's story is one of them.



"When my school gave me an offer of admission last year in February, I never would have thought I'd begin my program as a virtual learner. But here I am, a year later, surviving. As we all are.

This whole global crisis reminds me of the importance of building strength together. I believe that the pandemic has stripped our needs to the bare essential. When it comes down to it, we just need to feel like someone cares and to know that our loved ones are safe and healthy.

I believe this spirit of being supported and supporting others is part of what Progress Place is about, and we're all the better for it. I have been going on Zoom meetings to chat with staff and other members, learning ways to stay healthy and tech-savvy and brushing up on my French, and just staying connected in a world where contact hasn't always been possible. **I've always felt supported by members and staff. The empathy I see from members and the kindness I recognize in staff is a wonder and a marvel. It's really made things easier in a situation that hasn't been easy.**

I hope everyone can recognize how special this spirit of community is, which I know we've built on shared lived experiences. Keep making an impact, Progress Place! And thank you for everything that you do for members."

Please support the resilience of the people of Progress Place as they forge their courageous and determined paths to recovery. Your support will help Progress Place continue to be there for individuals living with mental illness, who are particularly vulnerable during this health crisis.

Together, we are building strength.

Wishing you a healthy and safe holiday season.

Sincerely,

Criss Habal-Brosek
Executive Director