

May 2019

St. James Town Seniors Corner 200 Wellesley St. E

Tuesdays, Wednesdays and Thursdays: 10am—2pm

EVERY DAY ACTIVITIES:

10:00am-10:30am: Supportive Discussion
11:00am-12:00pm: Group Meal Preparation
12:00pm—12:30pm: Nutritious Lunch

Tuesday

Wednesday

Thursday

	<p>1</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Classic TV shows</p>	<p>2</p> <p>10:30 - 11:00: Group Board Games 11:00 - 12:00: Who Am I? Group Game 12:30 - 2:00: Creative Corner</p>
<p>7</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: Trivia Time 12:30 - 2:00: Walk to Allen Gardens</p>	<p>8</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Jewelry Making</p>	<p>9 <i>Pet Food Day</i></p> <p>10:30 - 11:00: Group Discussion 11:00 - 12:00: Song Title Word Game 12:30 - 2:00: Hand Chimes</p>
<p>14</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: Giant Crossword Puzzles 12:30 - 2:00: Family Feud Group Game</p>	<p>15</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Current Events</p>	<p>16</p> <p>10:30 - 11:00: Horoscope reading 12:30 - 2:00: Visit Re kai Centre and Creative Corner</p>
<p>21</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: Name That Tune 12:30 - 2:00: Ukulele Lessons</p>	<p>22</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Decorating Gift Bags</p>	<p>23</p> <p>10:30 - 11:30: Group Board Games 11:00 - 12:00: Let's Get Crafty 12:30 - 2:00: Healthy Baking</p>
<p>28</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: YouTube Music Videos 12:30 - 2:00: Carlton Cinema—Movie</p>	<p>29</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Line Dancing</p>	<p>30</p> <p>10:30 - 11:00: Group Discussion 11:00 - 12:00: Wacky Words 12:30 - 2:00: Creative Corner</p>