

June 2019

St. James Town Seniors Corner

200 Wellesley St. E

EVERY DAY ACTIVITIES:

10:00am-10:30am: Supportive Discussion

11:00am-12:00pm: Group Meal Preparation

12:00pm—12:30pm: Nutritious Lunch

Tuesdays, Wednesdays and Thursdays: 10am—2pm

Join us at the Seniors' Forum!

Monday June 17

Wellesley Community Centre

11:00am—2:00pm

Tuesday	Wednesday	Thursday
<p>4</p> <p>Toronto Seniors' Services Event Toronto City Hall 10:00am to 2:00pm</p>	<p>5</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Current Event</p>	<p>6</p> <p>10:30 - 11:00: Group Discussion 11:00 - 12:00: Trivia Time 12:30 - 2:00: Creative Corner</p>
<p>11</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: Giant Crossword Puzzles 12:30 - 2:00: Making Props for Seniors' Forum</p>	<p>12</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: BINGO</p>	<p>13</p> <p><i>Pet Food Day</i></p> <p>10:30 - 11:00: Group Board Games 11:00 - 12:00: Let's Get Crafty 12:30 - 2:00: Practice Dance for Seniors' Forum</p>
<p>18</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: Name That Tune 12:30 - 2:00: Bean Bag Toss</p>	<p>19</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Interactive talk on Budgeting</p>	<p>20</p> <p>10:30 - 11:00: Horoscope reading 11:00 - 12:00: Wacky Words 12:30 - 2:00: Creative Corner</p>
<p>25</p> <p>10:30 - 11:00: Grocery Shopping 11:00 - 12:00: YouTube Videos 12:30 - 2:00: Karaoke</p>	<p>26</p> <p>10:45 - 11:15: Conversational English 11:15 - 11:45: Get Fit! Group Exercises 12:30 - 2:00: Classic TV Shows</p>	<p>27</p> <p>10:30 - 11:00: Group Board Games 11:00 - 12:00: Who Am I? Group Game 1:30 - 4:30: Dixon Hall Talent Show 188 Carlton St</p>

Programs are subject to change